



We Rage, We Weep
Alzheimer Foundation

Arts & Alzheimer's

Description: Arts & Alzheimer's is an art and music participation program for seniors with dementia still living at home with their caregivers stimulating minds...supporting caregivers.

Purpose: Dementia can make persons with the disease, their caregivers and families feel lonely and isolated. Arts & Alzheimer's utilizes the best practices of dementia care including socialization, meaningful activity, emotional/spiritual support and person centered care. Reminiscence and personal expression are encouraged. The structured routine provides familiarity. The art and music offer an expressive outlet (even if the person is non-verbal as they can still make art and often know and will sing to favorite songs). The participants routinely make new friends at a time when their world is otherwise shrinking. The caregivers are an enormous support to one another. All together these elements enable aging in place longer.

Participants: Our participants are typically but not exclusively seniors 65+ years. They will have a diagnosis of Alzheimer's or related dementia. Group size ranges from 10-30 people including participants, caregivers, art and music guides as well as volunteers and support staff.

Outcomes: Our intent is to provide respite, encourage socialization, fight isolation and loneliness and support aging in place.

Resources Available: Our program is presented in a group format, incorporating various art projects followed by music and singing. It is offered once a week for two hours (one hour art, one hour music) nine months of the year. An Arts & Alzheimer's How to Manual based on our program is also available by donation as a supportive tool.

Art Modalities: Art, Music, Singing, Dance, Movement, Drama, Theatre, Performing Arts

Time & Location:

Thursdays 11am – 1pm
January 18 – June 28, 2018
Silver Threads, 2340 Richmond Rd.



Partners: Silver Threads Service Victoria Center, the Art Gallery of Greater Victoria, Ballet Victoria and Pacific Opera



Venue Partners



Art Gallery Tours
Followed by a related art project



Evening opera dress
rehearsal performances



Tea for Tutu afternoon dress
rehearsal performances

We also encourage our program participants to enjoy the free lunch time and special performances through the Conservatory of Music <http://vcm.bc.ca/events/>

Contact: We Rage We Weep Alzheimer Foundation

Marjorie Moulton, Executive Director & Founder

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Thank You!

Artistic Guide: Claire Ash, Art Guide (Oak Bay) **Musical Guide:** Steve Bolger

Primary Supporters: Tony & Mignon Fenton Trust, Allen & Loreen Vandekerkhove Family Foundation, BC Arts Council, United Way, Hamber Foundation, Macdonald Realty Victoria, The Finishing Store.